



On Becoming De-Centered in Health Care: *Learning from the Military's Experience of Moral Injury & Formulating Recommendations for Health Care Professionals*

Webinar T5009

Thursday, January 25, 2018
9:30 a.m. – 10:30 a.m. (CST)

Overview

Numerous reports from health professionals who treat warriors whom combatted in the Middle East describe a phenomenon now called “moral injury.” This condition occurs in addition to post-traumatic stress disorder and is characterized as intensely unpleasant feelings of worthlessness and shame in having witnessed or in being complicitous with moral atrocities during the Middle East crisis. The psychological architecture of moral injury is constituted by feelings of 1) profoundly deflated and injured self-esteem, 2) unnerving lack of control over one’s life and 3) persistent feelings of endangerment. If a “centered life” is one admitting enjoyment of and satisfaction with one’s life situation along with feeling able to realize it, then moral injury connotes the opposite. As such, de-centered lives that admit significant moral injury spin out of control and often become either personally or interpersonally destructive.

This presentation will theorize that health professionals witness a less devastating but nevertheless extremely serious variant of this by way of a variety of situations involving working with disruptive and defiant family members, experiencing workplace bullying, encountering allegations of harm-causing medical error and facing impossible production pressures and quotas. We will examine each of these at some length and discuss their effects on health professionals. The talk will conclude with strategies whereby the intensity of these threats might be lessened and managed in healthy ways that restore some sense of centeredness to health care professionals.

Target Audience

All Health Care Personnel

Objectives

At the conclusion of this session, participants will be able to:

1. Differentiate the ideas of moral injury and moral de-centeredness
2. List examples of de-centering elements in health care environments
3. Discuss ways to prevent the chronic and persistent experience of de-centeredness in health care

Faculty

John D. Banja, PhD is a professor in the department of rehabilitation medicine and a medical ethicist at the Center for Ethics at Emory University. He also directs the Section on Ethics for the Atlanta Clinical and Translational Science Institute at Emory. Dr. Banja has conducted research and educational projects with numerous federal and private organizations. He currently serves as the editor of the *American Journal of Bioethics-Neuroscience*. His research interests include patient safety, neuroethics and ethical dilemmas occurring in clinical and translational research. His book, *Medical Errors and Medical Narcissism*, was published in 2005.

Certificates of Attendance

Certificates of Attendance will be issued to all registrants. These certificates should be placed on file at your hospital as evidence of attendance. Certificates of Attendance will not be awarded for recorded sessions.

Registration

\$175 for AHA Member Hospitals

Registration includes **one** internet connection and **one** telephone connection at **one** location, although there can be an unlimited number of participants from your organization in that **one** listening room.

Two days prior to the event, you will receive instructions and passwords for accessing the event, along with the slide presentation and other resource materials. It is the responsibility of the registrant to download and/or access presentation materials prior to the day of the event.

Participants should register at least five business days prior to the event to ensure optimal processing of conference materials. To register, please submit the attached registration form. If you have not received an e-mail with

instructions ([via the e-mail provided on the registration form](#)) or if you are unable to download or open presentation materials, at least two business days prior to the event, please contact Anna Sroczynski at (501) 224-7878 or asroczynski@arkhospitals.org. **Without payment (via check or credit card), your registration cannot be processed, and you will not receive connection instructions.**

Cancellation Policy

Refunds, minus a \$25 processing fee, will be granted if requests are received in writing by the AHA at least 5 business days prior to the program. No refunds will be issued after that date. Fax cancellation/refund requests to the Education Department at (501) 224-0519.

REGISTRATION FORM

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Registration Fee

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Registration fee covers one or multiple participants at one location (**one connection per registration**) and includes one set of instructional materials/handouts. Upon receipt, additional handouts can be copied.

Name and Title of Contact Person _____

Organization _____

Mailing Address _____

City, State, Zip _____

Telephone _____ Fax _____ E-mail _____

Method of Payment

Check in the amount of \$_____ payable to the Arkansas Hospital Association is enclosed.

Credit Card # _____ Visa MasterCard *(AmEx and Discover Not Accepted)*

Cardholder's Billing Address (including zip code) _____

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Education Department, Arkansas Hospital Association, 419 Natural Resources Drive, Little Rock, AR 72205; phone: (501) 224-7878; or fax form with credit card information to (501) 224-0519.