“Partners in Care”
Conference
2016

Jointly Provided by:
Hospice & Palliative Care Association of AR
UAMS College of Medicine
Central Arkansas Veterans Healthcare System

Pre-Conference October 12
Conference 13 & 14
Embassy Suites Hotel - Little Rock

#partnersincare
The Partners in Care Conference Presents
a pre-conference event...

Wednesday, October 12
8:30 a.m. - 4:30 p.m.
(Break 10:30, Lunch 12:00, Break 3:00)

“Develop and Sustain a Successful
Hospital-Based Palliative Care Program”

Presented by:
Turner West, MPH, MTS
Director of Education and Communications
Director- Palliative Care Leadership Center

Anne Monroe, MHA
Physician Practice Manager

Hospital administrators, palliative, hospice and other physician specialists, and hospice directors
join us to explore opportunities for your systems to work together to provide palliative care to the
seriously ill. There has been an appreciable growth in palliative care particularly in the inpatient
setting as palliative care has shown to improve health care quality by relieving physical and
emotional suffering, strengthening patient-family-physician communication and decision making,
and coordinating care across settings. The prevalence of hospitals (50 or more beds) with a
palliative care team increased from 658 to 1,744 – a 165% increase from 2000 to 2013.

This engaging and interactive session will equip hospital, hospice and other health care leaders with
the information and tools necessary to develop and implement a palliative care program.

Please reference page 5 for details on continuing education credits
Seating is limited for this special event.
Please contact the HPCAA office with questions.
Faculty

Thessalenuere Bernard, PhD
Associate Director, Office of Community Health and Research
University of Arkansas for Medical Sciences Northwest (UAMS-NW)

Timothy Boling, PhD
Staff Psychologist
Central Arkansas Veterans Health Care System

Carrie Brown, MD, FAAP
Associate Professor
Medical Director
UAMS Palliative Care

Kristin Chaffee, MD, MPH
Assistant Professor
UAMS College of Medicine

Michael Chandler, PharmD, BCPS
Clinical Pharmacy Specialist
Central Arkansas Veterans Healthcare System

Kimberly Curseen, MD
Director Supportive/Palliative Care Outpatient Services
Emory Healthcare

Megan Davis, MD
Assistant Professor
Co-Director Adult Sickle Cell Program
Palliative Medicine
UAMS

Fanta Gibson, LMSW
Medical Social Worker
Peachtree Hospice

Masil George, MD
Assistant Professor
Department of Geriatrics
UAMS College of Medicine

Sarah E. Harrington, MD
Assistant Professor of Medicine
Departments of Internal Medicine and Geriatrics
Medical Director, UAMS Palliative Care Program
UAMS College of Medicine
Chief, Palliative Care Central Arkansas Veterans Healthcare System

Stephen Hathcock, MD, MAR, FAAP
Medical Director
Arkansas Hospice, Inc.

Micah Hester, PhD
Chief/Professor of Medical Humanities
UAMS

Anthony Hughes, B.S., P.D.
Consultant Pharmacist
Clinical Concepts

Marlene "Kay" Kirk, RN, BSN, CHPN
Education & Quality Coordinator
Arkansas Hospice, Inc.

Leslie Landrum, MD, FACP
Palliative Care Physician
Veterans Health Care System of the Ozarks

Deanna May, RN, CHPN
Education & Quality Coordinator
Arkansas Hospice, Inc.

Patrick McCruden, DBE, MTS
Senior Vice President, Mission Integrity
St. Vincent Health System / CHI

Mary Lynn McPherson, PharmD, MA, BCPS
Professor and Executive Director
Advanced Post Graduate in Palliative Care
University of Maryland School of Pharmacy

Anne Monroe, MHA
Physician Business Practice Manager
Hospice of the Bluegrass
Palliative Care Center of the Bluegrass

Wallace "J" Nichols, PhD
Author / Speaker

Priscilla Pittman, MSW, MA
Program Director
Alzheimer’s Arkansas

David E. Smith, MD, MA
Director, Supportive Medicine
Chairman, Ethics Committee
Baptist Health – Little Rock

Dianne Swaim, MDiv
Chaplain
Palliative Care & Hospice
Central Arkansas Veterans Healthcare System

Turner West, MPH, MTS
Director of Education & Communications
Director Palliative Care Leadership Center
Hospice of the Bluegrass

Ella Catherine Whaley, MD
Hospitalist
Conway Regional Hospital

Neal Wyatt, DO
Hospice & Palliative Medicine Physician
Arkansas Hospice, Inc.

HPCAA Education/Planning Committee
Lisa Vaden, HPCAA Executive Director
Sarah E. Harrington, MD
Diane Morgan, MSN, BSN, APN, GCNS-BC, ACHPN
Kay Kirk, RN, BSN, CHPN
Michael Parker, LCSW
Deanna May, RN, CHPN
Anna Noack, RN, CHPN
**Hotel Reservations**
Embassy Suites Hotel located at 11301 Financial Centre Parkway, Little Rock, AR 72211 is offering a conference single room rate of $126/night when referencing “Hospice & Palliative Care Conference”. **This room rate is only available until September 12 - call 501-312-9000 or access the HPCAA website/education page for a link to our online registration page.**

Reservations can always be cancelled (follow hotel guidelines); don’t wait and miss the special conference rate.

**Assistance**
Please visit the registration table during the conference with any questions or concerns.
Special Needs: We are committed to making this CME activity accessible to all individuals. If you need auxiliary aid or service as identified in the Americans with Disabilities Act, or have a dietary restriction, please describe your needs on the registration form. Most requests can be accommodated if notification is received by September 1, 2016.

**Education Materials/Handouts**
Handouts submitted by presenters will be made available to attendees for printing no later than September 30, 2016. Handouts will not be distributed at the conference.

**Name Badges**
Your name badge is your admission ticket to sessions. Please wear your badge at all times during the conference. Registration material and badges will be distributed at the registration table during scheduled registration times.

**Your Comfort is Our Concern**
Hotel staff will do their best to provide a comfortable climate for our conference; however sometimes it may be warmer or cooler than you prefer. **Please layer your clothing to give you options.**

**Conference Etiquette**
Please keep discussions to a minimum and voices low during presentations. Please visit the restrooms before sessions begin; movement in and out of the rooms is disruptive.

Attendees are requested to mute their cell phones and pagers during sessions. Individuals talking on cell phones during sessions will be asked to leave the room.

Please tidy your area/table when leaving for the next session.

**Exhibitors**
A variety of up-to-date products and services will be on display by exhibitors. We will also have vendor booths with products for sale (purses, jewelry, etc.). Exhibitors are accessible both days from 8:00 a.m. - 3:45 p.m. Don’t miss out on the great products and service they are sharing. Remember, they support our conference and HPCAA by exhibiting!

**HPCAA Cancellation/Substitution Policy**
Substitutions are permitted and should be reported to HPCAA prior to the conference if possible or during registration if not known in advance. Refunds will not be issued for cancellations or failure to attend.

**Photos**
Please note HPCAA, UAMS College of Medicine and/or CAVHS may use photos taken of attendees during the conference on their websites, social media sites/posts, newsletters, etc.

**NEW Conference Mobile App!**
This year we will feature a mobile application that attendees may download prior to the conference to access program schedule, presenter information and handouts, exhibitor information, and much more!! Download information will be shared with registrants prior to the conference.

**NEW Charging Station!**
Attendees will have the opportunity to “charge” your electronic devices while checking in with the office, taking urgent calls, etc. HPCAA thanks our Charging Station Supporter - Arkansas Cremation!

**Social Media!**
Please “like” the HPCAA Facebook page! During the event we will post pictures and you can too! Use our hashtag #partnersincare2016!! Watch for photo opportunities with the “I Care... So I Partner” posters!
Continuing Education Credits

Purpose
To share evidence based information in pain & symptom management and end of life care, along with communication tools to better care for patients with serious illness. At the conclusion of this activity, the participant will be able to:

- Manage the physical, psychological, and social causes of distress in life limited patients and their families.
- Distinguish the difference between palliative care & hospice and recognize the appropriate timing of each in the medical care of a patient with serious illness.
- Develop strategies for implementing a palliative care program
- Develop practical strategies for introducing discussions of a patient’s end of life care plan.
- Develop practical techniques to improve advance care planning.
- Cultivate approaches to working with diverse patient populations with different diseases in various settings.
- Recognize signs of burnout and unhealthy professional behavior.
- Develop strategies for mindfulness and self-care

Target Audience
Physicians, Physician Assistants, Nurse Practitioners, Pharmacists, Nurses, Nursing Home Administrators, Social Workers, Chaplains and other healthcare professionals interested in hospice, palliative care and/or issues related to serious illness.

Accreditation Council for Continuing Medical Education (ACCME)
For Jointly Provided Activities: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Arkansas for Medical Sciences (UAMS) College of Medicine and Hospice and Palliative Care Association of Arkansas and Central Arkansas Veterans Healthcare System. The UAMS Office of Continuing Education is accredited by the ACCME to provide continuing medical education for physicians.

AMA Designation Statement
The UAMS College of Medicine designates this live activity for a maximum of 19.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

It is the policy of the University of Arkansas for Medical Sciences (UAMS) College of Medicine to ensure balance, independence, objectivity, and scientific rigor in all directly or jointly provided educational activities. All individuals who are in a position to control the content of the educational activity (course/activity directors, planning committee members, staff, teachers, or authors of CME) must disclose all relevant financial relationships they have with any commercial interests as well as the nature of the relationship. Financial relationships of the individual’s spouse or partner must also be disclosed, if the nature of the relationship could influence the objectivity of the individual in a position to control the content of the CME. The ACCME describes relevant financial relationships as those in any amount occurring within the past 12 months that create a conflict of interest. Individuals who refuse to disclose will be disqualified from participating in the development, management, presentation, or evaluation of the CME activity.

State Board of Pharmacy Continuing Education Hours
6.5 October 13 / 6.25 October 14

Continuing Nurse Education (CNE)
6.5 October 12 (pre-conference) / 6.6 October 13 / 6.8 October 14
Central Arkansas Veterans Healthcare System is an approved provider of continuing nursing education by Midwest Multi-state Division, an accredited approver by the American Nurses Credentialing Center’s commission on Accreditation. Approved Provider #: AR618-7

Nursing Home Administrator / ADHS Division of Medical Services Office of Long Term Care
6.5 October 13 / 6.25 October 14
Approval pending

Social Work
The Arkansas Social Work Licensing Board does not pre-approve social work continuing education. It is the licensee's responsibility, using his/her professional judgment, to determine the workshops that are applicable and appropriate to his/her professional development as a social worker. Visit the Arkansas Social Work Licensing Board website for more info.
Plenary Session 8:10 - 9:40 a.m.
Wallace "J" Nichols, PhD - "Blue Mind": Nichols plans to initiate a rigorous open conversation of the applications and limitations of Blue Mind Therapies in hospice and end of life care as is currently occurring in other sectors.

Plenary Session 9:50 - 10:00 a.m.
HPCAA Heart Awards Presentation

Plenary Session 10:00 - 11:00 a.m.
Stephen Hathcock, MD, MAR, FAAP - "Mindfulness": Hathcock will review the current state of research in mindfulness, present findings of research with regard to the benefits of mindfulness training, including the work of several leaders in the field and engage the audience in learning two simple, easily teachable techniques.

Plenary Session 11:00 - 12:00 p.m.
Sarah Beth Harrington, MD - "Updates in Palliative Care": Harrington will describe 5-6 recent studies in hospice and palliative care literature, and practical applications of research results.

Concurrent Session 1:00 - 2:00 p.m.
Timothy Boling, PhD - "Mindfulness: Good for Patients, Providers & Families": Boling will discuss the key skills of mindfulness, ways to lead patients through basic mindfulness exercises, and ways to explain to patients the benefits of mindfulness.

Kristin Chaffee, MD & Masil George, MD - "Palliative Care/Hospice for Dementia Patients in Facilities": Chaffee & George will share ways to discuss dementia in community, in the home and assisted living, also when hospice referrals are appropriate for Dementia patients, and inform about signs of functional decline in Dementia.

Stephen Hathcock, MD, MAR, FAAP - "Advance Care Planning": Hathcock will share the current regulations regarding Advance Care planning in the state of Arkansas and discuss practical as well as ethical issues arising from the changes in the law.

Concurrent Sessions 2:15 - 3:15 p.m.
Fanta Gibson, MSW - "The Culture of Dying": Gibson will identify two traditional funeral / end of life activities of at least two different 'ethnic groups', general funeral ceremony/ order of service for different faiths/ non-faiths including Catholicism, Judaism, & Islam, and review accolades that may be given to former/ retired workers in certain fields at their time of death; including military honors.

Leslie Landrum, MD - "Goals of Care Discussions Early & Later in the Course of a Life-Limiting Illness": Landrum will discuss starting early EOL conversation by implementing "PAUSE + refer", and addressing goals of care later in the course of illness by implementing "REMAP".

Marlene "Kay" Kirk, RN, BSN, CHPN & Deanna May, RN, CHPN - "Navigating the Way: Hospice & Palliative Care Certification": Kirk and May will discuss the benefits of certification, the types currently available, the process for the various types of certification to include timeframes, acceptable credits, references and paperwork.

Concurrent Session 3:45 - 4:45 p.m.
Micah Hester, PhD - "POLST - The Ethics of a Different Kind of Advance Directive": Hester will define the differences between a Living Will and POLST, identify the challenges in POLST implementation, and discuss ethical issues in POLST development and implementation.

Michael Chandler, PharmD, BCPS & Mary Lynn McPherson, PharmD, MA, BCPS - "Methadone: How Much is Enough?": Chandler & McPherson will discuss pharmacokinetics of methadone, different methadone conversion strategies, and what is new with methadone in hospice.

Carrie Brown, MD, FAAP - "Symptom Management at EOL for Pediatric Patients": Brown will describe symptoms that can arise at end of life in pediatric patients, explain symptom management strategies for those symptoms, and explain ways to troubleshoot difficult/challenging symptoms for alternate treatment methods.

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Friday, October 14
Plenary & Concurrent Sessions

Plenary Session 8:10 - 9:45 a.m.
Mary Lynn McPherson, PharmD, MA, BCPS - “De-prescribing in Advanced Illness”: McPherson will describe a critical thinking process to evaluate the utility or futility of medications, techniques to facilitate conversations about medication management with patients, families, caregivers and other health care professionals, and list which medications may be discontinued abruptly, which should be tapered, and how to taper commonly used medications in advanced illness.

Plenary Session 9:55 - 11:00 a.m.
Thessalenuere “Thess” Bernard, PhD - “Cultural Competency: What is it and how does it relate to care?": Bernard will define cultural competency and other related concepts, explain the rationale for providing culturally competent care, and share cultural factors that influence health.

Plenary Session 11:00 - 12:00 p.m.
Kimberly Curseen, MD - “How Family Dynamics Affect Communication”: Curseen will review the family life cycle, how to understand and use family dynamics to improve communication, and review new family structures.

Concurrent Session 1:00 - 2:00 p.m.
Cathey Whaley, MD & Neal Wyatt, DO - “Improving Palliative Care in a Community Hospital”: Whaley & Wyatt will share how to assess your market, picking a model to fit your hospital, and the potential impact on the community hospital setting.

Megan Davis, MD - “An Introduction to Grief in Children”: Davis will discuss important concepts in talking to children about death and dying, common grief reactions in children and when referral is appropriate and what resources are available.

Kimberly Curseen, MD - “Medical Marijuana”: Curseen will review the active parts of cannabis oil, describe the side effects and benefits of use, and the pharmacology behind cannabis used for symptom management.

Concurrent Session 2:15—3:15 p.m.
Anthony Hughes, PD - “Pharmacy and the Death Rattle”: Hughes will review the process associated with the death rattle, all pharmacokinetics of antimuscarinic anticholinergic drugs from a mode of action to the dosage forms available and when one product may have an advantage of another and costs involved.

Sarah Beth Harrington, MD - “Renal Palliative Care”: Harrington will introduce the 2nd ed of the Shared Decision-Making in the Appropriate Initiation of and withdrawal from Dialysis guideline, explain evidence-based approaches to prognostication in dialysis patients, and discuss an evidence based approach and preferred medications for the treatment of pain in patients with chronic kidney disease.

Dianne Swaim, MDiv - ”The Spiritual Care of People with Dementia”: Swaim will describe what dementia is and the need for spiritual caregiving, define practical skills to address the needs and determine applicability at stages of dementia, and distinguish between religion and spirituality and how each of these could be utilized with spiritual care.

Concurrent Session 3:30 - 4:30 p.m.
David Smith, MD & Patrick McCruden, DBE, MTS - “Cardiac Arrest with Brain Injury: Ethical Issues of Hydration & Nutrition”: Smith & McCruden will discuss what brain injuries are severe enough to warrant consideration of limitation of AH&N, list the ethical issues that are brought to bear in cases of hypoxic encephalopathy, and clarify the obligatory and optional positions of clinical ethics and faith communities.

Priscilla Pittman, MSW, MA - “Music is the Medicine of the Mind”: Pittman will describe the human connection to music, explain Dr. Gerdner’s hypotheses, and share how to assess healing and harming aspects of music.

Sarah Beth Harrington, MD - “Talking to patients and families who want “everything”: (Ethics) Harrington will review a stepwise approach to navigate difficult conversations, Develop practical techniques to respond to or support patient and family emotion, Describe ways clinicians can negotiate gaps between team and family goals.

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**Partners in Care**

**Jointly Provided By:** HPCAA, UAMS College of Medicine and CAVHS

October 12, 13 & 14, 2016 \ Embassy Suites Hotel - Little Rock, AR

**Conference Registration**

**NEED ASSISTANCE - CALL 501-375-1300**

Online registration with payment by credit card available (www.hpcaa.org)

Pre-Registration and payment must be received by September 30, 2016

Please complete a separate registration for each attendee; one check/payment is permitted for multiple registrations.

Name and contact information will be used for HPCAA mailings/contacts/name badges.

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Registration fee includes breakfast, lunch and continuing education credits

**NOTE:** Rate for onsite registration will increase by $25 per category

Please check appropriate category:

**Pre-Conference Day**

- Oct 12
  - One Day: $75

**Main Event / October 13 & 14**

- HPCAA Member / UAMS or CAVHS Employee (list department)
  - One Day: $150
  - Two Days: $225
- Non - HPCAA Member / Non- UAMS or CAVHS Employee
  - One Day: $250
  - Two Days: $325
- Student/Volunteer/House Staff
  - One Day: $40
  - Two Days: $65

- Check in the amount of $_____________ is enclosed. (Payable to HPCAA)

- Charge my credit card the amount of $_____________

| Name as Printed on Card: | |
| Card #: | Expiration | Security Code: |
| Zip Code: | Card Holder Signature: |

Registrations paying by credit card may be entered online, mailed or faxed to HPCAA at 501-375-1375

Registrations with check/money order mail to HPCAA, 411 S. Victory St., Ste 205, Little Rock, AR 72201

Registrations are non-refundable (no exception) - substitutions are permitted within the same category